

Adventure Valley Day Camp Menu 2021



<https://thelunchlady.ca/>

Entrees

Beef Burger [3 oz] with side Ketchup	\$6.35
Buttery Parmesan Pasta	\$5.75
Cheese Quesadilla with side Sour Cream	\$5.70
Chicken Burger with side Ketchup	\$6.35
Chicken Caesar Salad with a Dinner Bun	\$7.80
Chicken Nuggets with side Plum Sauce	\$6.35
Cream Cheese on a Whole Grain Bagel with side sliced cucumbers	\$5.60
Gluten Free Buttery Parmesan Penne Pasta	\$6.05
Gluten Free Chicken Fingers with side Plum Sauce	\$6.85
Grilled Cheese Sandwich with side Ketchup	\$5.70
Halal Chicken Burger with side Ketchup	\$7.50
Halal Chicken Hot Dog with side Ketchup	\$5.20
Halal Chicken Nuggets and side Plum Sauce	\$7.20
Macaroni and Cheese (Homemade)	\$6.65
Potato & Cheddar Cheese Mini Pierogis with side sour cream	\$6.65
Soft Shell Beef Taco with side Sour Cream	\$6.35
Soft Shell Veggie "Beef" Taco with side Sour Cream	\$6.35
Spaghetti and Beef Meatballs with Tomato Sauce	\$6.90
Summer Picnic Plate with Fresh Veggies, Fresh Apple Slices, Hard Boiled Egg, Crackers, Cheddar Cheese and side Dip	\$6.90
Teriyaki Chicken Rice Bowl with Steamed Veggies	\$7.20
Turkey Hot Dog with side Ketchup	\$5.20
Veggie Burger with side Ketchup (Vegan Friendly)	\$6.35
Veggie Hot Dog with side Ketchup	\$5.20

Sides

Baked Potato Wedges (GF)	\$2.90
Cold Edamame Beans [shelled]	\$2.45
Corn Niblets	\$2.20
Fresh Apple Slices	\$2.20
Fresh Cucumber Slices	\$2.20
Fresh Orange Wedges	\$2.20
Fresh Veggies and Dip	\$3.30
Fresh Watermelon Wedges	\$3.50
Frozen Yogurt Tube	\$1.80
Nacho Chips and Salsa	\$2.60
Oatmeal Cookie	\$2.60
Side Garden Salad with Ranch Dressing	\$3.45